

# Demand Avoidance Questionnaire

Children aged 5-17 years

Child's Name \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Name \_\_\_\_\_

		Not True	Somewhat True	Mostly True	Very True
1	Obsessively resists and avoids ordinary demands and requests				
2	Complains about illness or physical incapacity when avoiding a request				
3	Is driven by the need to be in charge				
4	Finds everyday pressures (change in schedule, field trip, Dr. visit) intolerably stressful				
5	Tells other children how to behave but does not feel these rules apply to them				
6	Mimics adult mannerisms and styles (uses phrases adopted from teacher/parent to tell other children off)				
7	Has difficulty complying with demands unless they are carefully presented				
8	Takes on roles or characters (from TV/real life) and acts them out				
9	Shows little shame or embarrassment (might throw a tantrum in public and not be ashamed)				
10	Invents fantasy worlds or games and acts them out				
11	Good at getting others to do what they want				
12	Seems unaware of the differences between themselves and those in authority				
13	If pressured to do something, they may have a meltdown or tantrum				
14	Likes to be told they have done a good job				
15	Mood changes very rapidly (switches from affectionate to angry in an instant)				
16	Knows what to do or say to upset specific people				
17	Blames or targets a particular person				
18	Denies their behaviors even when caught red-handed				
19	Seems as if they are distracted from within				
20	Makes efforts to maintain their reputation with peers				
21	Uses outrageous or shocking behavior to get out of doing something				
22	Has bouts of extreme emotional responses to small events (crying, giggling, becoming furious)				
23	Social interaction has to be on her/his terms				
24	Prefers to interact with others in an adopted role or communicate through toys/props				
25	Attempts to negotiate better terms with adults				
26	Passive and difficult to engage as an infant				